

Chief Complaint

NAME _____ DATE _____

CHIEF COMPLAINT:

(This is the main reason you are seeing the doctor such as back pain, neck pain etc)

ONSET:

(When and how it started)

LOCATION:

(Exactly where it is such as right lower back, left arm etc.)

QUALITY OF PAIN: Dull ache, Sharp, burning, tingling, radiating

(circle all that apply)

DURATION:

(how long during the day do you have pain)

FREQUENCY:

(How often during the day does the pain come)

RELIEVING FACTORS:

(Things you have been able to do that have helped like heat, ice, sitting, pain medication)

AGGRAVATING FACTORS:

(Things you do that make the pain worse like standing, lifting)

MEDICATION:

(Any medication you are taking now for this complaint)

OTHER TREATMENT:

(Any other doctors or treatment you have seen or had and if any has helped)

RELATED SYMPTOMS:

(any other pains that you think might be connected to this main complaint)

OTHER COMPLAINTS:

(a complete list by name of other health complaints in order of severity)